

JOSSELYNE HERMAN-SACCIO

THE FOUNDATION FOR BEING  
*Unmessable with*

5 WEEK COURSE

**WEEK 1: CLARIFYING YOUR DREAMS**

# FOUNDATION WORKBOOK

GOALS AND DREAMS FOR MY FAMILY:

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WHERE DID THIS GOAL/DREAM COME FROM?

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GOALS AND DREAMS FOR MY CAREER:

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WHERE DID THIS GOAL/DREAM COME FROM?

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# FOUNDATION WORKBOOK

GOALS AND DREAMS FOR MY RELATIONSHIPS:

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WHERE DID THIS GOAL/DREAM COME FROM?

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GOALS AND DREAMS FOR MY FINANCES:

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WHERE DID THIS GOAL/DREAM COME FROM?

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# FOUNDATION WORKBOOK

GOALS AND DREAMS FOR MY HEALTH AND FITNESS:

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WHERE DID THIS GOAL/DREAM COME FROM?

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GOALS AND DREAMS FOR MY COMMUNITY/WORLD:

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WHERE DID THIS GOAL/DREAM COME FROM?

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# FOUNDATION WORKBOOK

GOALS AND DREAMS FOR : \_\_\_\_\_

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WHERE DID THIS GOAL/DREAM COME FROM?

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GOALS AND DREAMS FOR : \_\_\_\_\_

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WHERE DID THIS GOAL/DREAM COME FROM?

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BE UNMESSABLEWITH,

Josselyne

— SEE YOU NEXT WEEK —



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