JOSSELYNE HERMAN-SACCIO

THE FOUNDATION FOR BEING *Unmessablewith*

5 WEEK COURSE

WEEK 4: MAKING YOUR DREAMSOURCE REAL

FOUNDATION WORKBOOK
SHARING YOUR DREAMSOURCE

POSSIBLE WAYS TO SHARE YOUR DREAM, VISION, OR DREAMSOURCE:

- I'VE NOTICED THAT SOMETHING I'M REALLY PASSIONATE ABOUT IS....
- I AM CREATING A NEW GAME IN MY LIFE, ONE WHERE I LEAVE PEOPLE IN THE SPACE OF "XYZ"...
- I HAVE SPENT A LOT OF TIME WORRYING ABOUT "XYZ" AND I'VE DECIDED I'M NOT GOING TO HAVE MY LIFE BE ABOUT THAT ANY MORE SO I AM CREATING A LIFE FULL OF....
- I HAVE HAD A DREAM TO "XYZ" AND NEVER SHARED THAT WITH YOU BEFORE...

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 1:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 2:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 3:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 4:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 5:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 6:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
DAILY PRACTICE

WHO I SHARED MY DREAMSOURCE WITH ON **DAY 7:**

WHAT DID I SAY?

WHAT ACTION DID I TAKE TODAY TO FORWARD MY DREAM, VISION, OR GOAL?

FOUNDATION WORKBOOK
ELICITING OTHERS' DREAMSOURCE

POSSIBLE WAYS TO ELICIT OTHER PEOPLE'S DREAM, VISION, OR DREAMSOURCE:

- IF YOU COULD HAVE ANYTHING, WHAT WOULD IT BE?
- WHAT DO YOU BURN FOR?
- WHAT ARE YOU REALLY PASSIONATE ABOUT?
- WHAT ARE YOUR DREAMS?
- WHAT'S YOUR VISION FOR YOUR _____ ?
  (CAREER, FAMILY, COMMUNITY, ETC.)
- YOU COULD EVEN USE ONE OF THE **DREAMSOURCE DISCOVERY METHODS** FROM SESSION #3 WITH THEM IF THEY ARE GAME

FOUNDATION WORKBOOK JOURNAL

WHO I HELPED TO CONNECT TO THEIR DREAM, VISION OR DREAMSOURCE?

WHAT WHAT DID I SAY OR DO TO ALLOW FOR THEM TO GET CONNECTED TO THEIR DREAM/VISION/DREAMSOURCE?

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BE UNMESSABLEWITH,

Josselyne

SEE YOU NEXT WEEK

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